



Application Form

All professional Jockeys, licensed by the Irish Horseracing Regulatory Board (IHRB), including apprentices and conditionals, are entitled to access a suite of professional services as part of the Jockey Pathway programme.

- Services include a Dietitian, a Strength & Conditioning coach, a Sports Psychologist, and a Career Development & Transition support. An on-course Physiotherapy service is also available.
- The Pathway's primary goal is to ensure that all Jockeys will have access to a professional support system which will enable them to make the most of their ability, achieve the highest standards & prolong their careers in racing.
- **All apprentice and conditional Jockeys, issued with a licence for the first time in 2019, are required to meet the following minimum requirements on an annual basis, while they are claiming, and for two seasons after they have lost their claim:**

- **Two one to one appointments with the Pathway Dietitian**
- **Two one to one appointments with the Pathway Sports Psychologist**
- **Two Strength and Conditioning classes with the Pathway S&C coach**

Any licensed Jockey, who fails to comply with the above, will be referred to the Licensing Committee for review.

- The services are available from a dedicated facility on the RACE campus in Kildare town & access to the services is free of charge as the pathway is fully funded by HRI. Skype appointments can be arranged; however this must be agreed and scheduled in advance with the Pathway service providers.
- The weekly timetable for the delivery of the services, any updates and/or changes to the schedule will be posted at the following address: www.workinracing.ie/jockey-pathway. The Jockey Pathway also has a dedicated twitter account - @JockeyPathway.
- HRI may use the information provided to contact you about future education and training opportunities that may be of interest to you, you can opt out of this at any time by emailing jockeypathway@hri.ie. **If you would like your email address to be on this mailing list please tick here, or type yes here: _____ .**
- We would like to share your contact details with the Jockey Pathway service providers in order for them to be able to contact you about available appointments, upcoming seminars, demonstrations, etc.; You can opt out of this at any time by emailing jockeypathway@hri.ie. If you are happy to consent to this request, please tick here, or type yes here: _____ .



Contact Details:

Name: _____

Address: _____

Mobile: _____

Email: _____

Twitter Handle: _____

Age: _____

Preferred contact method: _____

I have read and understood the points as outlined in this document:

Signed: _____ Date: _____